

Health Equity Journey from theory to practice

Dr. Kwame McKenzie

Advancing Health Equity

Building on Experience, Kelowna 2012



Centre for Addiction and Mental Health
Centre de toxicomanie et de santé mentale



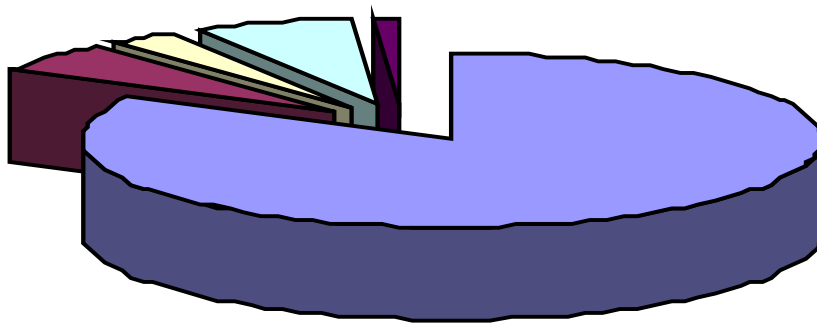
Delivering race equality in mental health care

An action plan for ethnic health and mental wellbeing

The Government's response to the independent inquiry into the death of David Bennett

- BME Mental Health in UK
- Getting DRE from theory to practice
- Now what?

Ethnic Groups in England and Wales

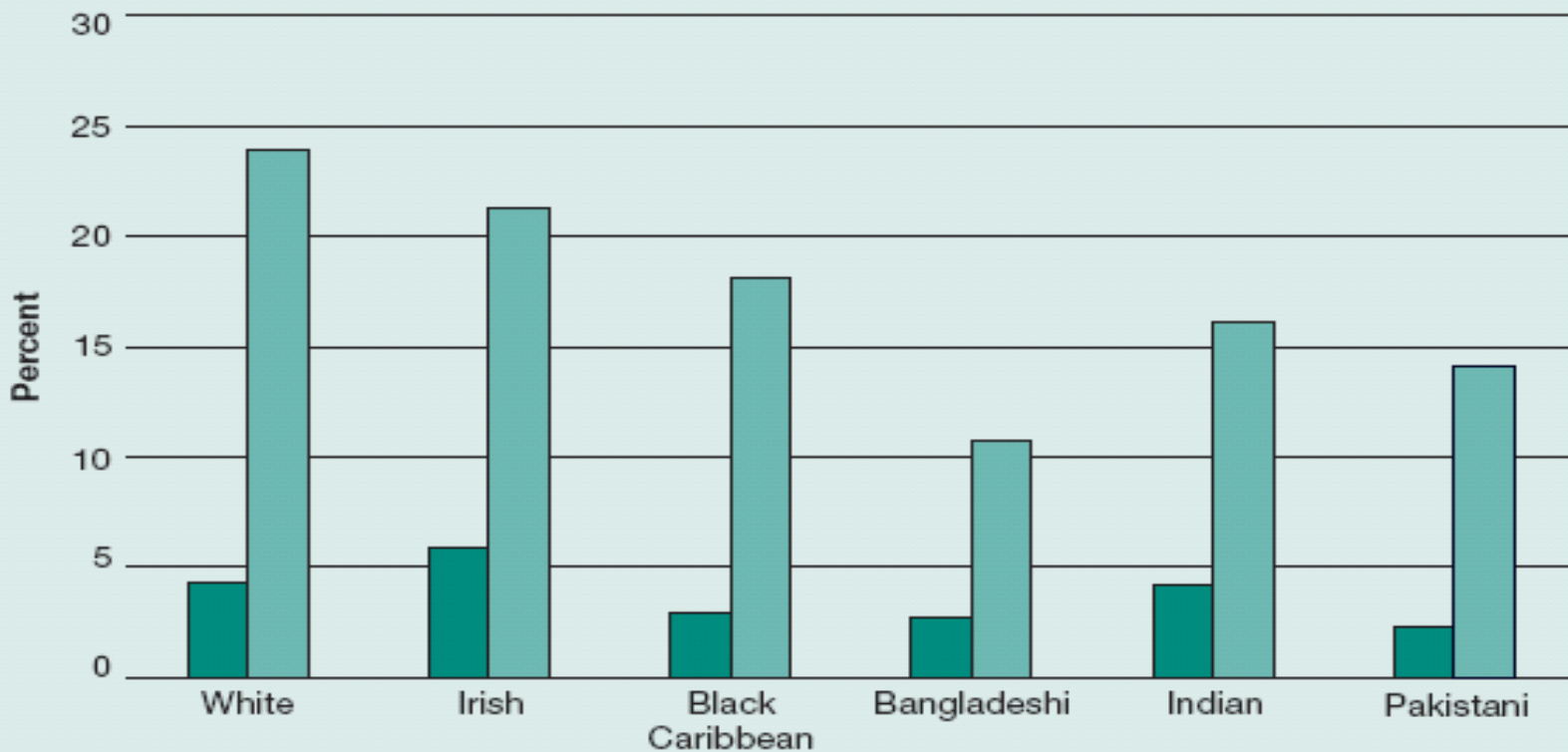


- White British
- South Asian
- African/Caribbean
- Other
- Chinese

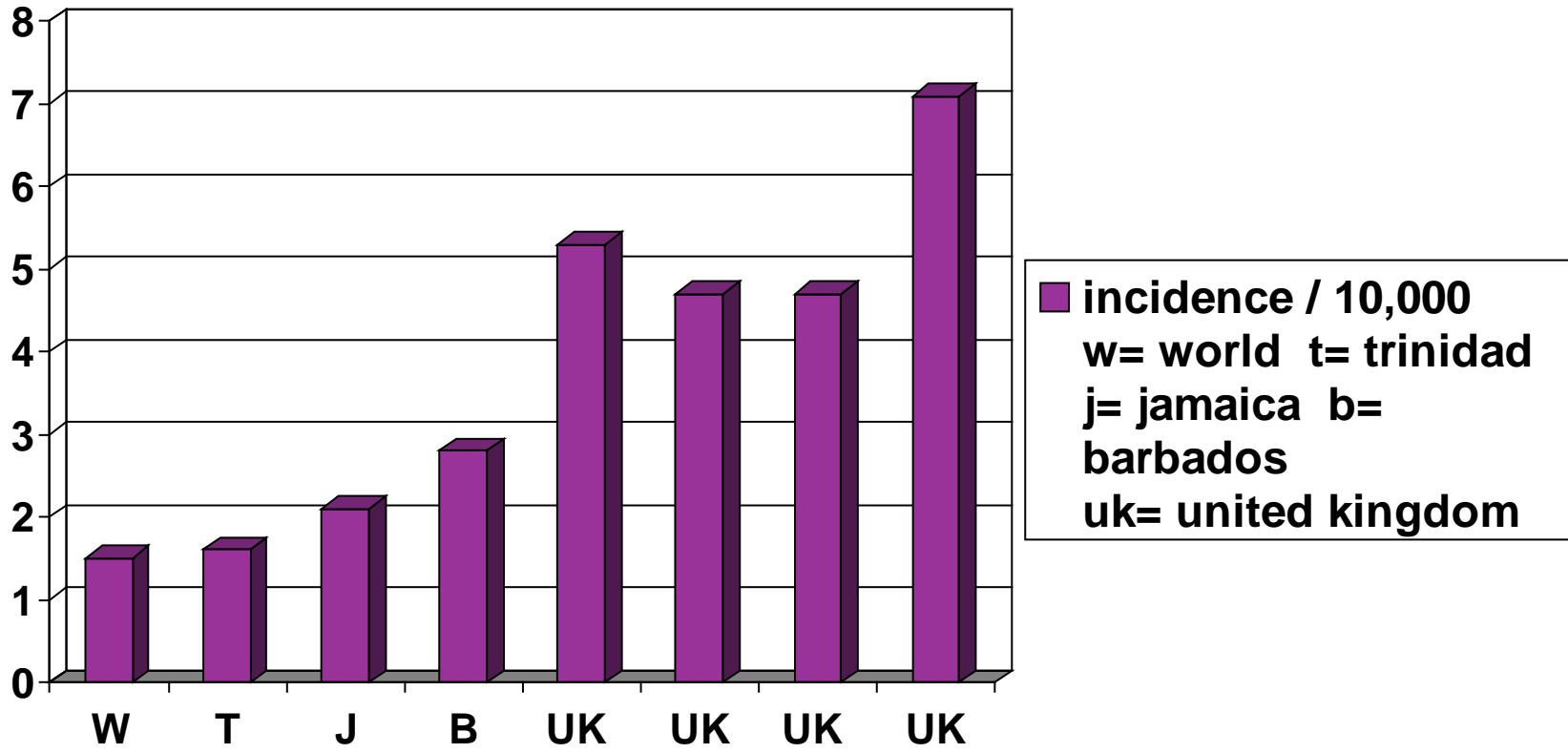
Figure 6.3

Saw doctor about an emotional or stress-related problem, by CIS-R score

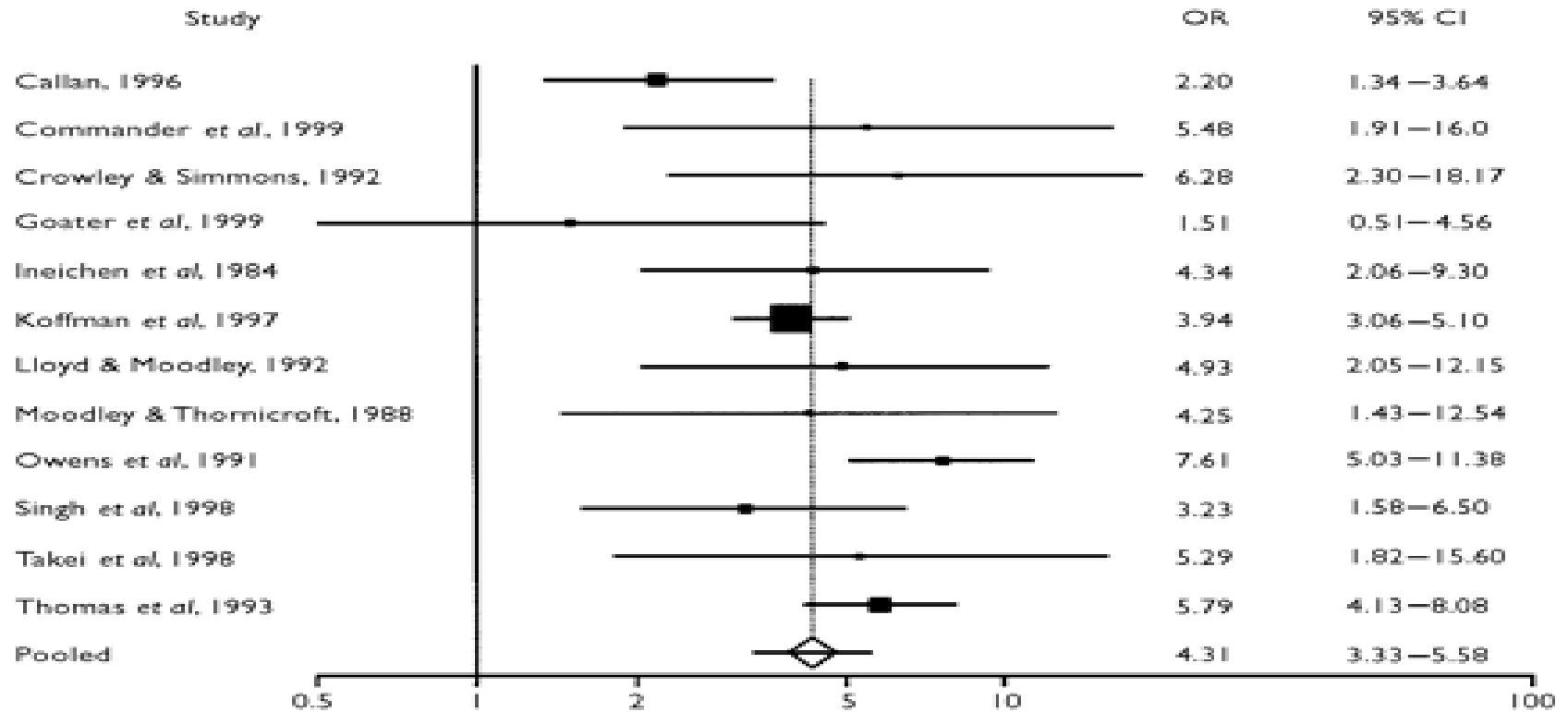
■ CIS-R score 0-11
■ CIS-R score 12 or over



High incidence of psychosis in UK Caribbean origin population



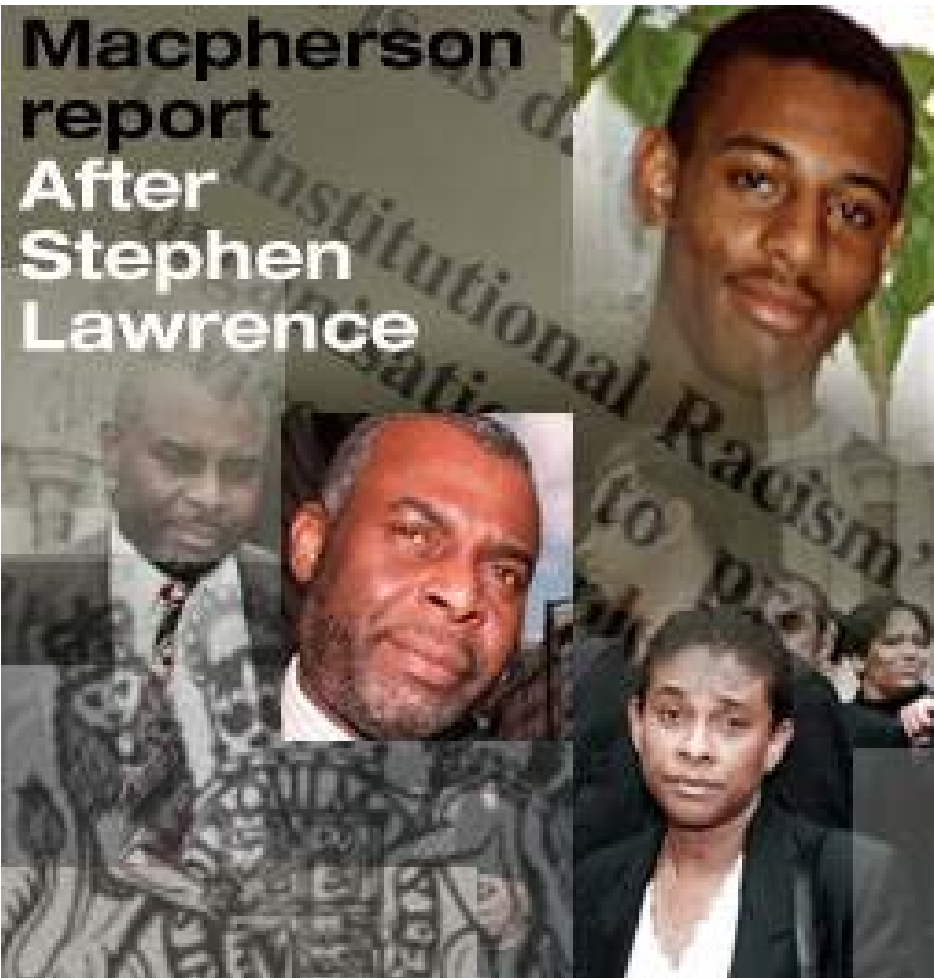
Increased compulsory detention Black patients (age, gender, SES taken into account Bhui et al 2003





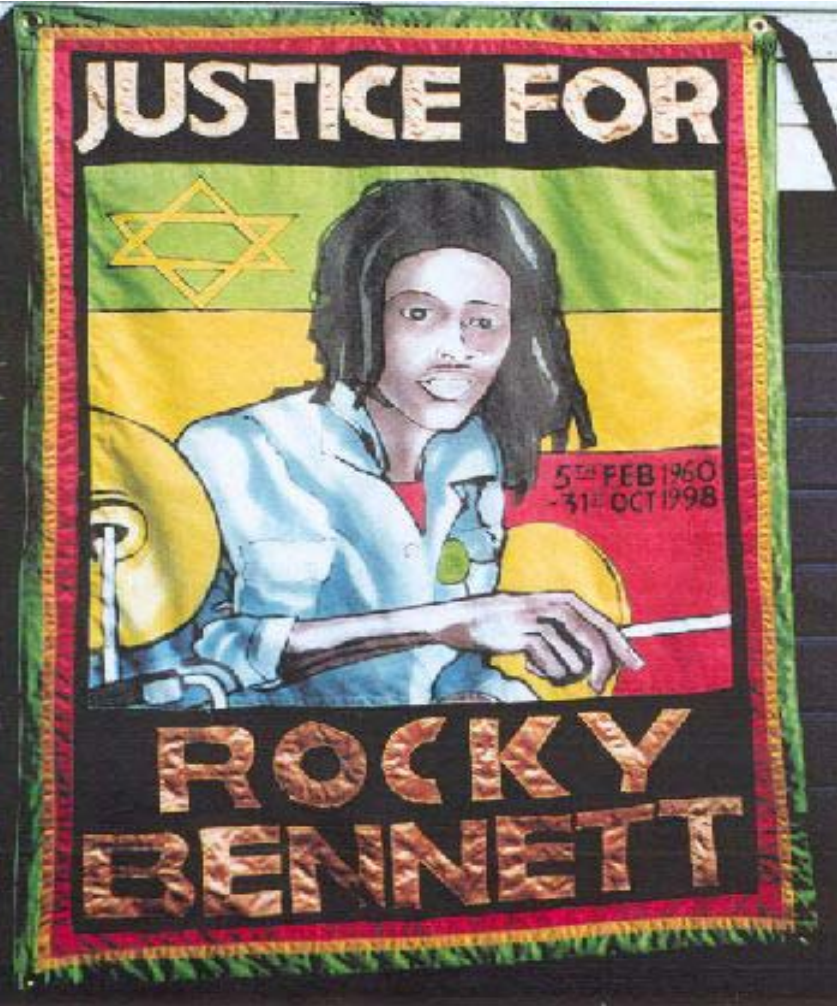
- Worse treatment
- Worse outcomes
- 30 years of data





- Death of Steven Lawrence 1993
- Macpherson report 1999
“every institution (should) examine their policies and the outcomes of their policies and practices to guard against disadvantaging any section of our communities.”

- Services need to recognise how their institutions work and make changes
 - To eliminate unlawful discrimination
 - To promote good race relations
 - To promote equality of opportunity



- Community champions
- Human rights based approach
- Right vs wrong
- Produced data and facts
- Articulated sound ambitious model for transformation





- Communities, professionals, civil service, politicians
- Different: cultures, needs, time lines, outcomes
- Plan
- Develop credible, feasible, aligned vision for improvement
- Develop constituency
- Make Government to listen and build trust
- Develop win: win: win situations
- Make sure delivery timeline links with and suits policy timeline

- Alignment of open doors approach
 - Drive theory through open aligned doors when aligned
- Rubrik's cube approach
 - patient and slow
 - deliberate
 - presence,
 - based on theory of cube rather than theory of need



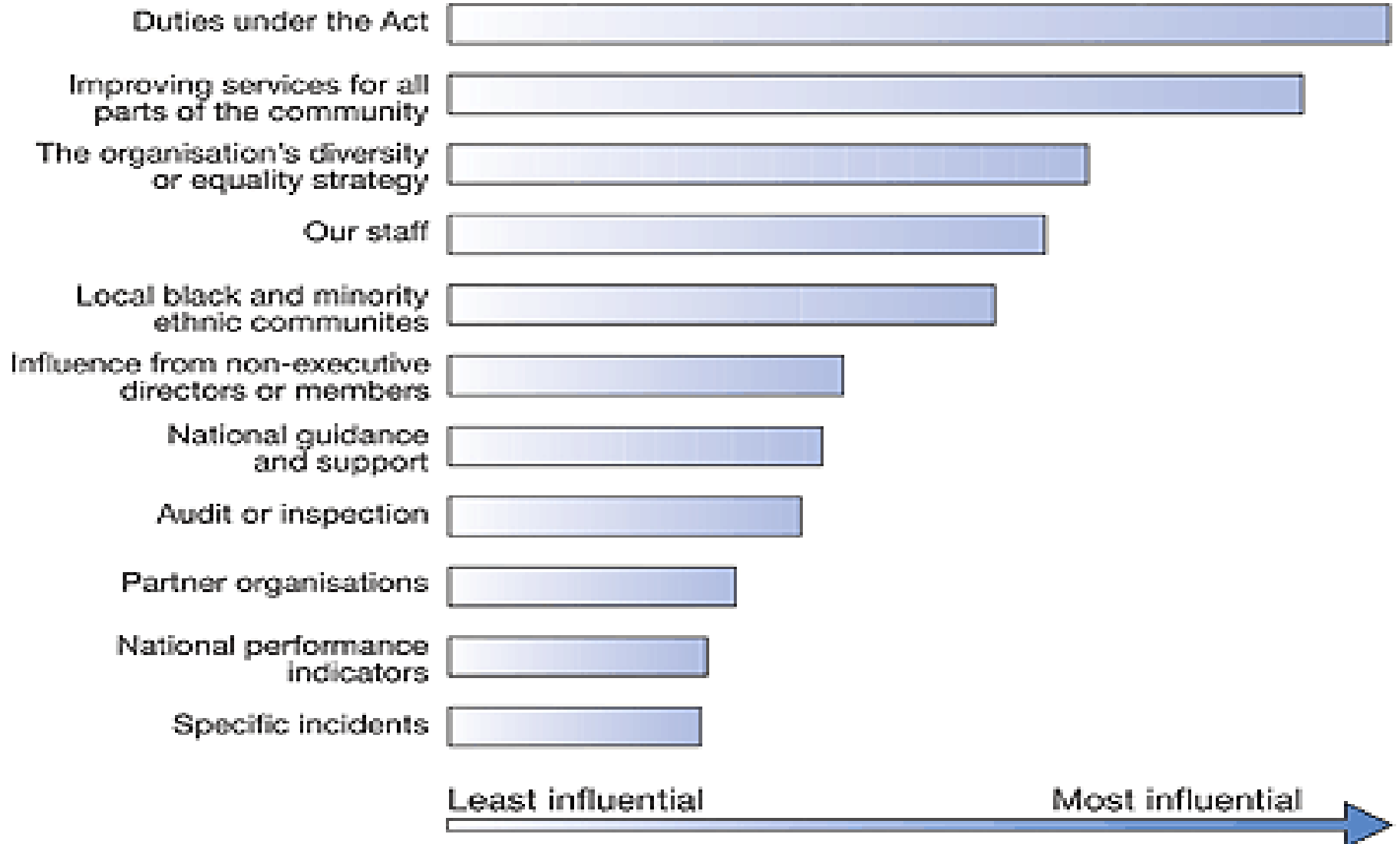
The Lords: top down political pressure added to produce burning platform





- Position grouping as aid to Government
- Build trust
- Demonstrate utility to the Government on key needs by linking to separate but allied policy
- Use law of reciprocity

- Difficult to achieve equality
- Insurmountable barriers
- Difference a problem
- 'Extra' work, additional to mainstream business



- Public statements about Bennett and RRAA – unfinished business
- Promise re Mental Health Act
- Race impact assessment of DoH
- Position of advisory committee
- Re-election
- Press interest (columnist, radio, TV)





**Delivering race equality
in mental health care**

*An action plan for ethnic health and
mental services*

**The Government's response to the
independent inquiry into the death
of David Bennett**

- Committee of lords and MPs to steer it
- Black caucus part of ministerial advisory team
- Money for research, service development

- **Repackaged:**
 - existing DoH policy and strategies
 - existing community strategies
 - \$30-40 million of pump priming dollars
- **Delivered on:**
 - RRAA
 - Bennett Inquiry report
 - Delivered new staff, leadership and monitoring
- **Offered theory of change all could sign up to**

- 3 building blocks
 - Information
 - Community engagement
 - Appropriate and responsive services

- Equity on the agenda
- Cultural competence increased
- Capacity building in NHS
- Better links to communities
- Innovations – demonstration projects
 - eg outreach in mosques
- National census and ethnic monitoring
- Improvements in suicide and length of stay



- “Today, thanks to DRE’s work, we have a much better understanding of the issues around race, ethnicity and mental health” Government’s mental health Tsar 2009.
- RRAA repealed in 2010
- DRE was shut down 2010.

- Director for 10 years – policy change
- In first year of reformation with new CEO
- Health equity unit 7 people
- Interpretation service
- Health Equity Plan
 - Health Equity Impact Assessment
 - Ethnic monitoring

CAMH investing in

- Aboriginal outreach
- Urban aboriginal plan

Thank you



camh

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